

## Supplementary Tables for:

### “The efficacy of complicated grief therapy for DSM-5-TR prolonged grief disorder” *In Press in World Psychiatry*

Christine Mauro<sup>1</sup>, Robert A. Tumasian 3rd<sup>1</sup>, Natalia Skritskaya<sup>2</sup>, Margaret Gacheru<sup>1</sup>, Sidney Zisook<sup>3</sup>, Naomi Simon<sup>4</sup>, Charles F. Reynolds 3rd<sup>5</sup>, M. Katherine Shear<sup>2</sup>

<sup>1</sup>Columbia Mailman School of Public Health, New York, NY, USA; <sup>2</sup>Columbia School of Social Work, New York, NY, USA; <sup>3</sup>University of California, San Diego, CA, USA; <sup>4</sup>New York University School of Medicine, New York, NY, USA;

<sup>5</sup>Department of Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA, USA

Supplemental Table 1: Baseline demographics, loss characteristics, and symptom scores among the original sample and the sub-sample meeting DSM-5 PGD criteria.

Characteristic	Parent Study (N=395)	Assessed for PGD (N=307)	Meet PGD criteria (N=194)
Male	87 (22.0)	69 (22.5)	39 (20.1)
Age, mean (SD)	53.0 (14.5)	52.7 (14.7)	52.7 (14.2)
Race			
White	325 (82.3)	245 (79.8)	157 (80.9)
Black	39 (9.9)	35 (11.4)	27 (13.9)
Others	31 (7.8)	27 (8.8)	10 (5.2)
Hispanic or Latino	45 (11.4)	37 (12.1)	21 (10.8)
Education			
≤12 y	45 (11.4)	31 (10.1)	19 (9.8)
Partial college	139 (35.2)	110 (35.8)	71 (36.6)
≥4 y college	211 (53.4)	166 (54.1)	104 (53.6)
Marital status			
Never	97 (24.6)	81 (26.4)	51 (26.3)
Married	92 (23.3)	67 (21.8)	36 (18.6)
Divorced/Separated	68 (17.2)	53 (17.3)	32 (16.5)
Widowed (not remarried)	138 (34.9)	106 (34.5)	75 (38.7)
Person who died			
Spouse/Partner	144 (36.5)	112 (36.5)	77 (39.7)
Parent	113 (28.6)	88 (28.7)	56 (28.9)
Child	80 (20.3)	57 (18.6)	33 (17.0)
Other	58 (14.7)	50 (16.3)	28 (14.4)
Cause of death			
Illness >1 mo	80 (20.3)	62 (20.2)	39 (20.1)
Illness <1 mo	175 (44.3)	135 (44.0)	88 (45.4)
Accident	58 (14.7)	46 (15.0)	26 (13.4)

Murder	16 (4.1)	13 (4.2)	10 (5.2)
Suicide	58 (14.7)	43 (14.0)	25 (12.9)
Other	8 (2.0)	8 (2.6)	6 (3.1)
Violent death	132 (33.4)	102 (33.2)	61 (31.4)
Years since loss, mean (SD)	4.7 (7.2)	4.5 (7.1)	5.1 (6.8)
Current MDD	262 (66.3)	201 (65.5)	135 (69.6)
Current PTSD	154 (39.0)	115 (37.5)	90 (46.4)
Clinical Global Impression Scale-Severity			
Moderately ill	130 (32.9)	104 (33.9)	56 (28.9)
Markedly ill	199 (50.4)	150 (48.9)	99 (51.0)
Severely/Extremely ill	66 (16.7)	53 (17.3)	39 (20.1)
Columbia Suicide Scale			
Before death, wish to be dead	131 (33.2)	103 (33.6)	71 (36.6)
Before death, nonspecific active suicidal thoughts	73 (18.5)	60 (19.5)	43 (22.2)
Since death, wish to be dead	221 (55.9)	167 (54.4)	120 (61.9)
Since death, nonspecific active suicidal thoughts	103 (26.1)	79 (25.7)	53 (27.3)
Inventory of Complicated Grief <sup>†</sup> , mean (SD)	42.8 (8.9)	42.5 (8.8)	43.7 (9.1)
Work and Social Adjustment Scale <sup>†</sup> , mean (SD)	22.3 (9.8)	22.0 (9.5)	22.5 (8.8)
Grief-Related Avoidance Questionnaire <sup>†</sup> , mean (SD)	22.7 (13.0)	22.8 (13.4)	23.5 (13.0)
Typical Beliefs Questionnaire <sup>†</sup> , mean (SD)	11.8 (5.2)	11.6 (5.1)	12.3 (5.3)
Missing	1	0	0
Structured Clinical Interview for CG score <sup>†</sup> , mean (SD)	66.4 (9.2)	66.4 (9.2)	68.4 (8.0)

<sup>†</sup>Higher values indicate greater severity; Inventory of Complicated Grief ranges from 0-76; Work and Social Adjustment Scale ranges from 0-40; Grief-Related Avoidance Questionnaire ranges from 0-60; Typical Beliefs Questionnaire ranges from 0-25; Structured Clinical Interview for CG score ranges from 31-93.

Supplemental Table 2: Post-treatment response rates and secondary outcome scores in the subsample meeting DSM-5 PGD criteria, stratified by treatment arm.

Characteristic	CGT (N=96)	No CGT (N=98)	Test Statistic	DF	<i>P</i> value
Treatment Response, No. (%)					
Yes	67 (88.2)	42 (60.9)	13.00	1	<.001
Missing	20	29			
Inventory of Complicated Grief, mean (SD)	17.7 (13.1)	25.4 (13.9)	3.43	140	<.001
Missing	17	29			
Work and Social Adjustment Scale, mean (SD)	7.9 (9.1)	13.4 (10.8)	3.33	143	.001
Missing	18	29			
Grief-Related Avoidance Questionnaire, mean (SD)	9.4 (10.2)	14.6 (12.5)	2.75	130	.01
Missing	19	29			
Typical Beliefs Questionnaire, mean (SD)	3.9 (5.6)	7.1 (5.6)	3.44	142	<.001
Missing	18	29			